

My year planner of fundraising activities...

Keep track of your fundraising activities this year with this fundraising calendar - it's here to help you plan your next event and keep sign of your goals.

Look at our tips and advice for each month so you are aware of what Student Minds will be talking about and any mental health awareness days (check the dates for each awareness day, some of them change each year!)

student minds

Fundraising Champion



<p>January </p> <ul style="list-style-type: none"> → New Year/New Year's Resolutions → Exam stress → SAD → Beat Blue Monday 	<p>February</p> <ul style="list-style-type: none"> → Time To Talk Day → Student Volunteering Week → Eating Disorders Awareness Week 	<p>March</p> <ul style="list-style-type: none"> → Eating Disorders Awareness Week → Self Harm Awareness Day → University Mental Health Day 	<p> April</p> <ul style="list-style-type: none"> → Exams and deadline stress → World Health Day → Depression Awareness Week 	<p>May </p> <ul style="list-style-type: none"> → Exam stress → Preparing for Graduation → Mental Health Awareness Week 	<p>June</p> <ul style="list-style-type: none"> → Heading home for the holidays → Moving on from University
<p> July</p> <ul style="list-style-type: none"> → Summer Holidays 	<p>August</p> <ul style="list-style-type: none"> → A-level results → Preparing for University 	<p>September</p> <ul style="list-style-type: none"> → Freshers → 10th World Suicide Prevention Day → OCD Awareness Week 	<p>October </p> <ul style="list-style-type: none"> → Meeting new people → Homesickness → 10th World Mental Health Day 	<p>November</p> <ul style="list-style-type: none"> → National Stress Awareness Day → Winter blues 	<p>December </p> <ul style="list-style-type: none"> → Preparing for the holidays → Managing revision & coursework